

#### Y NEWS & VIEWS COMMUNI

Volume 4, Issue 11

February 2022



# MANAGEMENT TEAM

Renee M. McNally – Executive Property & Sales Manager

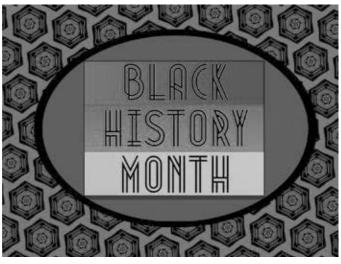
Laura N. Lanzone – Executive Assistant &

Assistant Sales Manager

OFFICE: 732-370-2300 FAX: 732-370-0694

www.homesteadrun.com sales@homesteadrun.com







# CLUB OFFICERS

#### **WOMEN'S CHARITY CLUB**

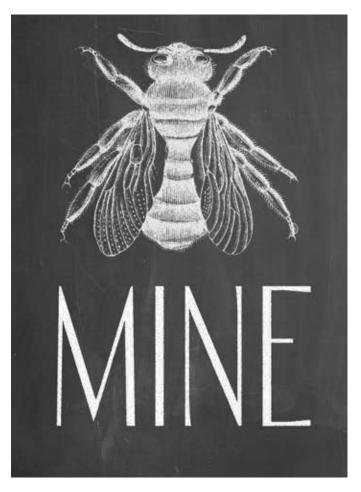
President Shirley Knapp 732-619-1028
V. President Veda Wyckoff 609-259-0683
Treasurer Karen Toslu 732-994-1175
Secretary Pat Grillon 732-994-1352
Trustee Jean Neuhaus

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Marie DeLuca

Trustee

President Pat Lucey 732-703-8278
V. President Ron Abramson 732-430-5229
Secretary Kim Fatone 631-796-0010
Treasurer Eileen Onions 908-812-9304



# Best wishes to those celebrating birthdays in February!

Donna P., Susana B., Pat G., Ian M., Patríck B., Kathryn R.. Thomas C.. Margaret T.. John M.. Joseph B.. Míchael C.. Barbara M.. Maureen B.. Michael V.. Fred V.. Reyna C.. Charlene L.. Robert L. Cheryl S. Ernesto P. Cesar I. Susan K.. Wilfredo I.. Anthony B.. Barbara T.. Mary).. Orysía C. James C. Susan G. Kíyoko H. Dannie H.. Kimiko L.. Donna F.. Art R.. Sharon M. James C. Lynn K. William F. Stanley S. Dwight D. James T. James D. Bogdan K. Judith M. Joseph G. Joan D. Thomas L. Línda H

Nothing feels better than

Welcome to Homestead Run! Charles M & Beverly S.



# LET US HELP YOU

## Set up a monthly direct withdrawal for your rent!



Come by the Homestead Run Business Office and ask to talk to Laura.

We'll help you set it up!

## WHAT YOU'LL NEED:

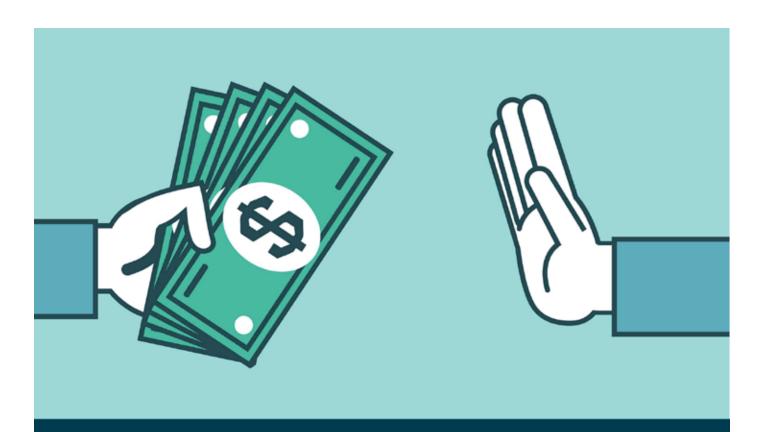
#### QUESTIONS?

- 1. A voided check &
- 2. A visit to our office

732-370-2300

LLANZONE@HOMESTEADRUN.COM

Business hours are Monday to Friday from 9AM to 5PM



# NO CASH PAYMENTS ACCEPTED

## Rents and loans must be paid by check or money orders only



Effective February 1st, 2022, Homestead Run's Business Office will no longer be accepting cash payments for rents and loans. All payments must be made by check or money order.

# HEART MONTH

# —February —

February is American Heart Month, a good time to think about the facts about heart disease.

#### BE IN THE KNOW .



1 IN 3

U.S. adults is currently living with a type of heart disease.



#### HEART DISEASE

is the leading cause of death in the United States and a major cause of disability.



#### DENTAL HYGIENE

Taking care of your teeth can impact heart health by reducing your chances of having a heart attack or a stroke by 50%.



#### MORNING IS PEAK TIME FOR HEART ATTACKS

The majority of heart attacks happen during the hours of 8 and 9 in the morning.

# STATISTICALLY MOST ATTACKS OCCUR ON MONDAYS

BILLION OI.I.ARS

In 2010, heart disease cost the United States \$444 billion. This total includes the cost of health care services, medications, and lost productivity.



#### START MOVING

The risk of heart disease doubles in inactive people versus people who get regular exercise. Aerobic activity, like running, swimming, jump roping and biking, are good choices for reducing the risk of heart disease.

# February, random acts of findness month

You know what I love? Kindness. Thoughtfulness. I love knowing that taking an extra moment to give someone a smile or a wave can make a difference. Scribbling a handwritten note to someone can make their day better. Sometimes, when I'm at the drive-thru grabbing a cup of coffee, I'll buy a cup for the person in the car behind me, not because I'm Miss Money Bags, but because I know, that small act of kindness can really turn a person's day around.

On an early spring morning a few years back, I did just that. I paid for the person behind me, and I drove off. That person, a woman about 10 years older than me, hurried along to meet me at the traffic light. After she gestured wildly, I realized it was my attention she was trying to get. I didn't immediately realize it was the person I had paid for, but she let me know. She told me she was having a terrible morning and my gesture turned her morning around. It made her remember the good.

February, I've come to learn, is Random Acts of Kindness month. More specifically, Random Acts of Kindness Day is February 17, 2022. Now, I'm one of those people that insist you don't need a date on a calendar to tell you when to do something — when to honor certain people in our families, when to celebrate love, or, in this case, when to offer up that random act.

Would you do something for me, though, Homestead? If you're reading this today, will you commit to offering up, at least, one random act of kindness this month? "HOW DO WE CHANGE THE WORLD? ONE RANDOM ACT OF KINDNESS AT A TIME." ~Morgan Freesen

It doesn't have to be anything elaborate. Think on it. Think on what you can do. It can be as simple as doing a favor for someone without their asking you to. It can be leaving a letter of encouragement somewhere (anywhere) for the right person to find. Give someone that gift card that you're never going to use, or take the time to listen to that stranger that just needs to vent about something. You may not think it's much, but that simple act of kindness can cause a ripple effect. I've seen it happen.

Remember that person that I purchased the coffee for? She told me that she purchased coffee for the person behind her. When I returned to the drive-thru the next day, I was told that I created a chain reaction. Fifteen cars paid for the person behind them before the chain broke! It made me happy to know that one quick decision brightened the morning for fifteen other people. We never know how our choices will impact others, but if we're lucky, they'll bring positive change, no matter how small.

I think there's a lot to be said for the little things. We never know how much a smile may be needed, how a conversation or a cup of coffee can change someone's world.

Until next time,

Laura Lanzone (LLANZONE@HOMESTEADRUN.COM)

Women's Charity Club



# **Mondays!**

February 7th, 14th, 21st, and 28th

Doors open at 5:15pm

**No Early Birds** 

Bingo starts at 7:00pm sharp

:. Limited Capacity.:

:. MASKS REQUIRED .:

For information or to reserve your spot Call Donna P. at 732-657-5302

#### RENEE STANZIONE'S TOMATO LOVE PASTA

#### **INGREDIENTS**

- 4 cups of heart shaped pasta
- 4 cups of hot water
- 1 tablespoon of salt
- 297 g of outrageously fresh grape tomatoes (one
- 2 cloves garlic, julienned
- 1 tablespoon of olive oil
- 1 teaspoon of dried basil
- 1 teaspoon of salt
- 1/2 teaspoon of ground black pepper
- 1 cup of crumbled queso fresco
- 5 large basil leaves



#### **INSTRUCTIONS**

- 1. Clean the grape tomatoes with running water and place in a baking pan. Add the julienned garlic and the olive
- 2. Season the tomatoes with the condiments on the list and roast in the oven for 10 minutes at 325.
- 3. Bring the water to a boil, add the salt and pour the heart shaped pasta. Cook the pasta for 5-7 minutes, until al dente. When done strain the pasta and temper with cold water.
- 4. Add the roasted tomatoes with garlic and combine with the pasta.
- 5. Serve the pasta and garnish with crumbled queso fresco and fresh basil.
- 6. Add a few drops of aged balsamic vinegar.

#### RENEE STANZIONE'S DECADENT AND EASY RED VELVET **BROWNIES**

#### **INGREDIENTS**

- 1 4-oz. bittersweet chocolate baking bar, chopped
- 3/4 cup butter
- 2 cups sugar
- 4 large eggs
- 1 1/2 cups all-purpose flour
- 1 1-oz. bottle red liquid food coloring
- 1 1/2 teaspoons baking powder
- 1 teaspoon vanilla extract

#### **CREAM CHEESE FROSTING**

- 1 8-oz. package cream cheese, softened
- 3 tablespoons butter softened
- 1 1/2 cups powdered sugar
- 1 teaspoon vanilla extract

#### INSTRUCTIONS

1. Preheat oven to 350 degrees. Line a 9x9 or 7x11 inch pan with aluminum foil allowing 2 inches to hang over the sides. Lightly



- 2. In a microwave safe bowl, melt the chocolate and butter stirring after 30 seconds each time, being careful not to burn the chocolate. Whisk in the sugar and add the eggs one at a time until blended. Add the flour, red food coloring, baking powder, and vanilla. Stir until fully incorporated.
- 3. Pour into the bottom of your prepared baking pan and bake for 40-44 minutes or until toothpick comes out clean with moist crumbs. Cool completely.
- 4. To make the cream cheese frosting: Beat together the cream cheese and butter until smooth. Add the powdered sugar and vanilla and continue to beat until creamy. Frost the cooled brownies.

# **CROSSWORD PUZZLE**

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	76	$\top$	$\top$	T		77	Т	T	$\vdash$		78	Т	$\vdash$	

	<u>Across</u>
1	Spanish hero El
4	Deep cut
8	Big cheeses
12	Flower jar
13	Falco, Nurse Jackie
14	Paragon
16	Formerly Persia
17	Rich, in Spain
18	Soothing ointment
19	Small cell
20	Author
21	Oregon summer clock setting
23	Lone Star State (Abbr.)
24	One over a major
26	Small amount
28	Neighbor of Neb.
30	Noncom
32	Irritate
36	Open pastry dessert
39	Carnival
41	Nothing
42	Lubricate
43	Untamed
45	Chafe
46	Speck
48	Enticement
49	Software menu option
50	Crystal
51	Tucson time

60	Atlanta-based health grp.
63	Lettuce variety
65	Building extension at a right angle
67	Gaza Strip grp.
68	Pray in Latin
70	Minnelli with a zee
72	Weeders' tools
73	Country music's Tucker
74	" in the Dark" (Streep movie)
75	Appetite
76	" there, done that"
77	Podded vegetables
78	" Porter" (Johnny Cash song)
	Down
1	Diamond weight unit
2	Writer Asimov
3	Room for relaxing
4	Buddhist actor Richard

9	Actress/director/producer Lupino
10	Bombard

Tennis server's edge

Attack command

Abundance

Grand view

11	Preserve
12	Pharmacist's container
15	Latin law
20	Provide

5

6

7

8

20	TIOVIAC
22	Banned insecticide

25

27 Show --- (entertainment industry)

29 Rancid 30 Support column 31 Apparatus 33

Slender fork-tailed gull 34 Gunk

35 Drifter 36 Floating bubbles 37 Low calorie variety

38 Loads Long slippery fish 40 Fifth sign of the zodiac 44

47 Freq. unit

49 Type of computer connection

51 Low 53 Suffer 55 Huge amount Pollen grain 57 58 Lament

59 Small winning margin

60 Military bed 61 Dingy 62 Malacca 64

Strike with an open hand

Writer --- Pound 65 Sung poems 66 69 Whiskey variety 71 Diamonds

72 Bewildered response

Menagerie

West Atlantic international grp.

"A Doll's House" dramatist

52

54



# COLD WEATHER SAFETY TIPS FOR PETS



If it's too cold out for you, then it's too cold out for your pet! Keep potty breaks quick & make sure to always monitor them while outside.



Invest in a couple pairs of pet booties or paw protectants, or slather petroleum jelly on paws to protect feet from harsh salt and de-icing chemicals when going outside.



Animals are drawn to the smell & sweet taste of chemicals in car antifreeze, which can be fatal to pets. Keep an eye out for and keep pets away from patches of discolored snow.



Bang on your hood, check under the car, and honk your horn before starting the car. Feral and outdoor cats often seek shelter within wheel wells and under the hood near engines.



Know the signs and contact your vet immediately if you suspect pet hypothermia. Symptoms include shivering & trembling, lethargy, cold fur/skin, decreased heart rate, trouble walking or breating, and dialated pupils.

Dunde Animal Hospital

### Women's Charity Club

# **2022 Super 50/50 Raffles**

## 50% of total net proceeds to winner

Balance to benefit local charities Seasonal Drawings at Monday bingo:

Spring, 2022 4/4/22 7-8pm Summer, 2022 6/20/22 7-8pm Fall, 2022 9/26/22 7-8pm



**Donation** \$5.00 per ticket

Homestead Run Clubhouse 100 Fireside Blvd., Toms River, NJ 08755 Winner need not be present. No substitution of offered prize may be made.

ID# 107-8-42879

RL# 9250

Tickets available at all meetings, bingos & events

For more info or ticket books call Pat Grillon: 732-994-1352



## **SUDOKU**

3		5		6		8		4
		8	5		7	6		
6		7		3		9		2
	7		9	4	5		8	
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	6		1	2	3		4	
1		3				7		9
		2	6		8	1		
7			3			4		8

**SOLUTION ON PG 15** 

# Valentine's Day Word Search

c e p h t t e r e e a W d i e p a  $\mathbf{c}$ p a u e i k t 0 a  $\mathbf{c}$ S p r h a e a t 0 u y r S f 1 d e o 0 e r r g k t r e p r O a r W i 0 S e X n r r S p i d d t h S r e e r 0 i h h n S S n n p u k d t e n a r  $\mathbf{r}$ h h e S c S 0 0 r 0 f i t S e S e r r w e k h t e C o c O a

valentine arrow cupid hearts love red fourteenth hugs chocolate pink

roses friend flowers sweetheart kisses



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ad-468

## **PUZZLE SOLUTIONS**

3	9	5	2	6	1	8	7	4
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7	5	6	3	1	9	4	2	8

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## **Directory**

#### **NEED COMPUTER HELP?** \$CASH\$ On-Site Technology Support for your Home & Business New PCs & Setup Repairs & Upgrades I WILL BUY YOUR CAR OR TRUCK Virus Clean-Up Networking & Wireless RUNNING OR NOT ~ OLD OR NEW www.monmouthcomputer.com **CALL ME - BILL GORDON** Monmouth Computer Associates, LLC 732-597-3933 **CALL DAN TODAY!** (LOCAL RESIDENT) (732) 517-7018 Peace Be With You This Space **COMPUTER REPAIR** On-Site Repair and Virus Removal **Available Einstein Computer Technologies Serving Ocean and Monmouth County** Call 888-637-3200 10% SENIOR DISCOUNT!!! **CALL TODAY - (848)210-2129** This Space This Space **Available Available** Call 888-637-3200 Call 888-637-3200 This Space This Space **Available Available** Call 888-637-3200 Call 888-637-3200 This Space This Space **Available Available**

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# HOMESTEAD RUN CALENDAR FEBRUARY 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
All dates are tentative for the month of February.  Office Hours are now Monday-Friday from 9:00AM-5:00PM.		1	2	3 Line Dancing 1pm, Clubhouse	4 (GARBAGE	5
9.00AIV	I-3:00PIVI.		Groundhog Day		PICK UP)	
6	Women's Charity Club Bingo 7 pm	8	9	10 Line Dancing 1pm, Clubhouse	11	12
	(RECYCLE PICK UP)				(GARBAGE PICK UP)	
13	14 Women's Charity Club Bingo 7 pm	Women's Charity Club Meeting, 6:30pm	16	17 Line Dancing 1pm, Clubhouse	(GARBAGE PICK UP)	19
20	21 Women's Charity Club Bingo 7 pm	(RECYCLE PICK UP)	23	24 Line Dancing 1pm, Clubhouse	25	(GARBAGE PICK UP)
27	28 Women's Charity Club Bingo 7 pm					