



# Homestead Run COMMUNITY News & Views

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## Annual Veteran's Day Luncheon Honoring Homestead Run's Men & Women Veterans



Homestead Run wishes all our Residents a safe, peaceful and blessed Christmas, Hanukkah, Kwanzaa and prosperous new year. 2016 has been a year filled with challenges; nevertheless, we managed to reach another annual milestone. It was 46 years ago that Homestead Run broke ground and began developing our wonderful community.

Let this holiday season be a time of reflection, meditation and introspection. Let us always remember to be thankful for our loved ones and friends, for all of the experiences we've had throughout this past year, for our life, our health and our strength.

It would do us well to remember that some of the things we take for granted are the same things others wish they could enjoy. Be grateful for what God gives you. Lastly, remember to be a blessing to someone in need. For as you bless others, you also are a blessing to yourself.

From the Management and Staff of Homestead Run

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Homestead Run is collecting **"Hats & Gloves and Unwrapped Gifts"** for children this Christmas. The items will be donated to The Toms River Division of NJ Youth and Family Services. Bring your unwrapped items to the Main Office in the Clubhouse by Monday, December 19th. Thank you in advance for your donations for the children. We are hoping to make their Christmas Holiday brighter.





# December

# 2016

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1	2 Nickel POKENO 6:30pm	3 Tree Lighting Ceremony 6:00 pm& Santa
4 Women 's Club Bingo—Doors Open 11:30am—Lunch 12:15—Bingo 1:00	5 Social Club Bingo 6:30pm w/ Dinner 4:30pm	6	7 Social Club Meeting 7:00pm	8	9	10
11 Social Club Christmas Party ( members only )	12 Social Club Bingo 6:30pm w/ Dinner 4:30pm	13	14 Woman 's Club Christmas Party ( members only )	15	16 Office Closing at 12:00 Noon	17
18	19 Social Club Bingo 6:30pm w/ Dinner 4:30pm	20 Hampton Ridge FREE Bingo 11:30 NO Women 's Club Meeting	21	22	23 Office closing at 1:00 pm	24  Office Closed
25 	26 S.C. Bingo 	27	28	29	30	31 New Years Eve Gala at Homestead Run or Bus Ride to Atlantic City

**Leaves, Leaves, Leaves!!! DO NOT BLOW LEAVES INTO STREET!**  
 If you missed the curbside collection bagged leaves must be brought to the Recycling Center, on Church Road. Leaves are not permitted in landfill. Hours are 7:30 am to 3:00pm — Monday through Saturday.



The Community Bulletin Board is for the benefit of all our residents. If you are posting an item or service, please use the index cards provided by the Office, or keep your flyer to the same size. Business cards are OK to post. **DO NOT REMOVE** postings unless the item or service is no longer available. Write down the information that you need. We've received complaints that posted information is discarded. Kindly be considerate of other residents!

**DO NOT LEAVE FOOD, CLOTHES OR MEDICAL SUPPLIES IN MAILROOM.**  
 Homestead Run is NOT a food bank, clothing goodwill or medical dispensary!



Bring on  
the  
NEW YEAR!

There are lots of fun events coming up! Watch for details to be posted in the Mailroom!.



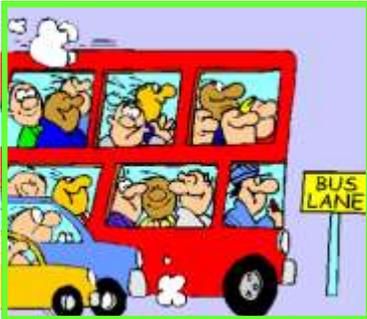
### Homestead Run's New Year's Eve Gala

Music, Food, Beer & Sangria

\$12.50 per person

Party starts at 7:30 RSVP by 12/22

**Tickets going fast! Don't be left out!**



### New Year's Eve Bus Ride to Resorts in Atlantic City

Departs Homestead Run's Clubhouse at 5:30 pm

Evening includes Buffet & "The Spinners" Show @ 10:00pm

Cost is \$50.00 (return of \$35.00)

Less \$20.00 if not attending the show

Call Pat Lucey 732-703-8278 by 12/22



How to get fit in your own home!

Staying fit as a senior not only provides added health benefits such as stronger muscles and better mental health, it can also help battle diseases and improve your immune system. When home exercises are executed safely and correctly, you can enjoy working out independently while saving money on a gym membership. Here are some ideas you can add to your daily routine.

Cardio Exercise is any activity that can get your body moving and heart pumping.

Turn on your favorite tunes and start dancing for at least fifteen minutes. Working out with grandchildren is guaranteed to get your heart racing!

Resistance Workouts focus on building endurance, strength and slow down the loss of muscle mass as you age. Knee extensions are quite easy to do while sitting down, simply sit with your back straight, extend your leg forward, and hold for ten seconds before lowering and alternating legs.

With more practice, you will soon notice that your legs are stronger. For a light bicep workout while sitting, grab 3-5 pound weights, sit up on your chair with your back straight, and slowly lift and lower your arms in repetitions of ten. Be sure to breathe carefully and do not overexert yourself!



**DO NOT plug holiday decorations into your lawn lamp. If the photo cell is damaged, you will be billed for the replacement.**



**Note: Magnets noting your monthly rent will be mailed in January. Feel free to call the office if unsure of your December rent.**

**How to Access Non-Emergency Medical Transportation (NEMT) for NJ Family Care or Medicaid Clients**

LogistiCare Reservations 1-866-527-9933 "Where's My Ride" 1-866-527-9934

LogistiCare delivers transportation management that works. LogistiCare is the nation's leading manager of medical transportation programs for government agencies, managed care organizations, self-funded insurers, hospitals, transit authorities and school boards. The company currently manages more than 1,000 transportation providers and coordinates more than 18 million trips for more than 6 million people



**Brain Teasers:**



1. What occurs every minute, twice in every moment, yet never in a thousand years?
2. Which travels faster? Hot or Cold?
3. First I threw away the outside and cooked the inside, then I ate the outside and threw away the inside, what did I eat?
4. What makes more as you take them?
5. A boy is walking down the road with a doctor. While the boy is the doctor's son, the doctor isn't the boy's father. Then who is the doctor?
6. You're stranded in a deserted place when you discover an old cabin. It's freezing outside and you only have one match, a candle, a newspaper, and some hay and twigs. What do you light first?
7. What can you hold without ever touching, or using your hands?
8. What has a mouth but cannot eat, what moves but has no legs and what has a bank but cannot put money in it?
9. When can you add two to eleven and get one as the correct answer?
10. What is always coming but never arrives?

**\*\*\*Homeowners are reminded, if you refer a person and they purchase a NEW home, you will receive up to \$2,500.00\*\*\***

**REMINDER:**

If you upgrade to a new home, you take your current lot rent with you. Financing is available to qualified buyers, subject to credit review.

So, tell your relatives, friends and acquaintances.....

Deposits now being taken on lots for the NEW section to be developed in early Spring 2017.



**Answers to Brain Teasers:**

- 1) The letter "M". 2) Hot is faster because you can catch a cold. 3) Corn on the cob. 4) Footsteps. 5) The doctor is the boy's mother. 6) The matchstick, of course! 7) Your breath! 8) A river. 9) When you add two hours to eleven o'clock, you get one o'clock. 10) Tomorrow.

Email us anytime at [sales@homesteadrun.com](mailto:sales@homesteadrun.com) with any questions, concerns, or suggestions!